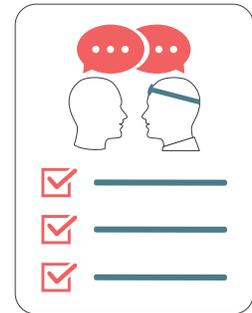


HAVE YOU BEEN DIAGNOSED WITH NTM LUNG DISEASE?

HELPING YOU PREPARE FOR YOUR NEXT DOCTOR APPOINTMENT

Below are some questions to help you have a productive conversation with your doctor about nontuberculous mycobacterial (NTM) lung disease:



- ? Does the species of NTM I have affect which treatment you recommend? (For example, *Mycobacterium avium* complex, or MAC)
- ? Will I be starting treatment right away? If not, will that impact my lung health?
- ? What are my treatment options for NTM lung disease?
- ? How often will you monitor my lungs?
- ? What types of medicine will I be taking?
- ? How long will I be taking medicine?
- ? How can I track my progress and how will I know if I'm getting better?
- ? How often will I need to schedule follow-up visits with you?
- ? Are there any side effects from the medicine I'll be taking?
- ? Do you have any tips on how I can manage any side effects?



UPDATED 2020 NTM TREATMENT GUIDELINES*

The NTM treatment guidelines were created by leading scientific communities to provide doctors with recommendations for the treatment of NTM lung disease. Speak to your doctor to learn more and find out if these guidelines could impact your treatment plan.

Find support and resources to help you through your journey at

[AboutNTM.com](https://www.aboutntm.com)

