

— LIVING WITH —
NTM
LUNG DISEASE

You are not alone. Living with any lung condition can be difficult—especially one as challenging as nontuberculous mycobacterial (NTM) lung disease. That's why it can be helpful to talk to others about their experiences.

There are communities available to support you on your journey with NTM lung disease. Find out how to join an online discussion or an in-person support group, and where to find resources to help start your own.

[See other side for more information](#)

NTM COMMUNITIES YOU CAN CONNECT WITH FOR INFORMATION, SUPPORT, AND RESOURCES

NTM Info & Research (NTMir) offers several ways for patients to connect and support one another, through online and local in-person support groups, as well as an info line. They also provide resources and assistance to people starting their own support groups.

NTMinfo.org/Support-Groups

Bronch and NTM 360 Social is an online community for people affected by bronchiectasis and NTM lung disease, including patients, family members, caregivers, and doctors.

BronchiectasisAndNTMInitiative.org

Inspire™ is home to the American Lung Association's online communities for those living with or affected by lung disease, where you can find peer-to-peer support.

Inspire.com

AboutNTM provides important information and facts about NTM lung disease, videos of real patient stories, and links to online forums. You can also sign up for *AboutNTM Support* for additional resources.

AboutNTM.com

